move · play · thrive
Brain Development through Movement and Play

Brain and Sensory Foundations
Course Requirements

Read information below to understand requirements to earn a certificate/CEUs for the Brain and Sensory Foundations course. You must FOLLOW SUBMISSION INSTRUCTIONS EXACTLY so that your work is received, recorded and easily retrievable by your instructor.

Course Assignments, Exam and Evaluation are REQUIRED if:
1. You are an Occupational Therapist or Physical Therapist (or OTA, PTA) seeking a certificate and continuing education credits and/or plan to use this work with clients.

2. You are a professional and plan to use these tools within the scope of your professional practice with clients and/or for professional CEUs. The course is assigned 16 contact hours.

Course Assignments are Optional if you do NOT wish to earn a course certificate. However doing the assignments and exam will enhance your learning, so I recommend you do them if possible.

Important Note: **Do journal entries directly after you practice the movements from each session. Journal entries are turned in at the end of the course with case studies.**

Required steps for those taking this course for a certificate and/or continuing education credits

Attend or view all sessions for the full duration of the training.

1. Complete a multiple-choice exam with a score of 75% or higher. Check your email for link to online exam.

2. Actively participate in learning the movements experientially and record the experience in brief journal entries to be submitted in Word format to Sonia Story via email at sonia@moveplaythrive.com (see Submission Instructions) Journal entries are evaluated by Instructor and feedback is sent to Learner as confirmation of satisfactory completion.

3. Show competency in practical application through written case studies to be submitted in Word format to Sonia Story via email at sonia@moveplaythrive.com. (see Submission Instructions). Case studies are evaluated by the Instructor, and feedback is sent to Learner as confirmation of satisfactory completion. Case studies may be shared in part of whole by Sonia Story or agents of Move Play Thrive, unless otherwise instructed by author of case study. ***See instructions for journal entries and case studies below.***

4. Complete an online end-of-course evaluation survey. Check your email for link to survey.

5. **Students are also expected to read all course handouts in addition to course manual. Handouts are downloadable files available in the virtual classroom through the main link to each session.**
Your certificate will be sent to you via email after assignments are complete with the following statement:
"By printing this certificate I agree to the following: In order to use this certificate of participation in the Brain and Sensory Foundations online training in any capacity for Continuing Education, Professional Development, or Professional Services in which a fee is charged, I confirm the following: I have watched all 8 sessions of the Brain and Sensory Foundations online training in full, and I have practiced the techniques from each session experientially in my own body to the best of my ability. In addition I have practiced facilitating the techniques from each session at least once with a partner, child, or client to the best of my ability. I agree it is my sole responsibility to facilitate the Brain and Sensory Foundations online course materials within my scope of practice. For professionals other than Occupational Therapists (OTs and OTAs) and Physical Therapists (PTs and PTAs): I agree that if I am using this course toward continuing education credit, it is my sole responsibility to confirm that the Brain and Sensory Foundations online course meets the continuing education requirements of my professional licensing agency."
*The name with which you registered for the course will be the name on the certificate.

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Brain and Sensory Development

Brain and Sensory Foundations Course, Online

Assignment and Submission Instructions

Send ONE single MS Word document for BOTH the Journal Entries and Case Studies via email to: sonia@moveplaythrive.com

1. Write 'OBSF18_Assignments_YOUR NAME' in the subject heading of your email when submitting.
2. Title your Assignments using this format: 'OBSF18_Assignments_YOUR NAME'
3. Put 'OBSF18_Assingments_YOUR NAME_Your EMAIL ADDRESS' on each page as a header and number pages

Journal Entries

1. Write a brief 2 to 3 sentence journal entry after each session detailing your experience with the movements *in your own body*, and any changes you noticed after doing the movements. For journal entries notice what you felt during and after doing the movements from each session and write briefly about it. Do you notice any changes, challenges? Journal entries are very brief and are NOT about your work with others nor about what your think, but more about what you feel and notice from your internal experience with the movements.
2. Journal entries must be typed into a Word document and labeled 1-8, one for each session. All pages on the document must be numbered and must include your name and email address in the header. Please use only the email address that you used to register for the course.
3. Journal Entries along with Case Studies must be submitted on or before the course assignment due date.
4. Send the Journal Entries via email to Sonia Story at sonia@moveplaythrive.com along with your Case Studies in the *same single document*, using as a title & subject of the email: 'OBSF18_Assignments_YOUR NAME'

Case Studies

1. Practice facilitating the techniques from each session with a partner, child, or client.
2. Write two case studies detailing your work with a client over the course of at least 4 sessions and describe any changes you noticed. **One of the case studies can be a Self-Case study where you are your own "client".** For case studies, you observe changes in clients over a period of time, at least 4 sessions. Doing a 5-Step Balance Process, from Sessions 5 & 6, is an easy way to create noticeable results in a short period of time for most clients. At least one case study must include the planning and execution of the "5-Step Balance Process".
   Case Studies encompass the following:
   A. A brief description of your client's challenges
   B. What tools from this course you did with client
   C. Why you chose these tools/movements for your client
   D. How your client responded and/or what you noticed as far as any changes in your client either during or after the sessions. Were any of the client's typical challenges alleviated in part?
   E. What you learned as the result of your experience with the client.
3. At least one session with your client must include a 5-Step Balance process.
4. The purpose of the case studies is **not** to reiterate what you did with the client, but rather **why** you chose particular movements to help your client and **what you noticed** as far as **'before and after' changes in the client** and **what you learned** from this experience.
5. All pages on the document must be numbered and must include your name and email address in the header. Please use only the email address that you used to register for the course. Use first names or fictional names only for your clients and do not give any specific identifying information about them.
6. Send the Case Studies on or prior to the due date via email to Sonia Story at sonia@moveplaythrive.com along with your Journal Entries on the same single document with the title: 'OBSF18_Assignments_YOUR NAME'

Two other requirements are 1. Open Book Exam and 2. End of Course Evaluation; check your email for more information.
For Questions contact, Sonia Story, sonia@moveplaythrive.com, 360-732-4356

Thank you for your participation in the Brain and Sensory Foundations Online Training!