



Brain and Sensory Integration

HANDS-ON, EXPERIENTIAL TRAINING

Ideal for OTs, OTAs, PTs, PTAs, SLPs, parents, social workers, family and mental health therapists, developmental optometrists and VTs, yoga therapists, special educators, Healthcare providers, massage therapists, trauma specialists & caregivers



Rhythmic Movement Training™ Levels 1 and 2 with SONIA STORY

Princeton, New Jersey
April 19-21, 2017



2.1 AOTA CEUs for RMT Levels 1 and 2

Make a powerful impact. Unleash Brain Potential with Easy, Rhythmic & Reflex Movement!

Excellent help for challenges such as: SPD, ADD/ADHD, Autism, TBI, PTSD, Dyslexia, Anxiety, Speech, Learning and Developmental Delays, Depression, Social, Emotional, Physical and Behavioral Challenges.

RMT Level 1

(2-day course, no prerequisite)

RMT for Focus, Organization & Comprehension

Wed-Thurs, April 19-20, 2017

Learn how rhythmic movements assist in integrating reflexes, why this is important, and how to stimulate brain connections for increased impulse control, attention, balance, coordination, stamina, and learning.

Includes:

- How RMT builds neuro-sensory-motor foundations for higher-level learning skills
- Ways to identify unintegrated reflexes and developmental and physical imbalances
- Methods for integrating primitive reflexes that help with ADD/ADHD symptoms.
- Experiential learning of 17 foundational RMT active and passive movements
- Illustrated manual

RMT Level 2

(1-day course, prerequisite: RMT Level 1)

RMT for Emotions, Memory & Behavior

Friday, April 21, 2017

Learn effective RMT techniques for integrating reflexes that are critically important for sensory integration as well as social and emotional maturity. Learn movements that release anxiety and stored emotional tension.

Includes:

- Methods for integrating Fear Paralysis and Moro Reflexes
- Basics on motor function and the limbic system
- Ways to release Tendon Guard reflex and address emotional upset
- Info on use of RMT for brain connectivity
- Ways to support those with SPD and ASD using RMT
- Illustrated manual

Rhythmic Movement Training™ (RMT)

RMT was originally developed in Sweden by movement therapist, **Kerstin Linde**. It was expanded upon by psychiatrist **Harald Blomberg, MD**, who found the rhythmic movements helped his patients recover from psychosis and schizophrenia.

Dr. Blomberg, with kinesiologist **Moira Dempsey**, combined the rhythmic movements with in-depth reflex integration tools to create an effective program for individuals of all ages and abilities

For more info, visit course provider website
www.moveplaythrive.com

AOTA does not endorse specific course content, products, or clinical procedures.

See other side for registration form or register online at www.moveplaythrive.com



Course location: **31 Titus Road, Pennington, New Jersey, 08534**

For more information, contact **Sonia Story | 360-732-4356 | sonia@moveplaythrive.com**

*what people
say about
RMT™*

The movements have had
a **most profound effect**
on every client.

Barbara Moss, Melbourne,
Victoria, Australia

We are getting wonderful results. I am amazed at the
immediate changes in severely involved autistic children.
The **calming and eye contact** have been amazing.

Maxine Hoffman, Physical Therapist, Ohio

Our son's **memory and his confidence** are
increasing and the movements have a calming
effect. His teacher also has noticed a difference.

Tiffany Hill Fallbrook, California

The RMT™ courses offer a **manageable home
program** for the parents of my clients. I feel that
I have **the tools to treat any child**.

Laura Faye Clubok, Occupational Therapist, Ohio

ABOUT THE INSTRUCTOR, SONIA STORY

Sonia Story trained directly with the founders of RMT™, psychiatrist Harald Blomberg, MD, and kinesiologist Moira Dempsey. Sonia has studied numerous methods of Reflex Integration and has further training in Developmental Movement, MNRI, Bal-A-Vis-X, Nonviolent Communication and Storytelling with Children. Sonia has worked as a trainer for foster parents in Washington state.



For more information, visit www.moveplaythrive.com

Please print clearly. Make checks payable to **Sonia Story** and mail with this registration form to:

Sonia Story | P.O. Box 676 | Chimacum, WA 98325

To pay by credit card, register online at www.moveplaythrive.com (see *Training Events Link*).

- I am enclosing full course registration in the amount of \$_____.
- I am enclosing a nonrefundable deposit of \$100 to hold my place.
- I am enclosing a purchase order to hold my place.

Full Tuition/Final Registration Due: April 12, 2017

Name _____

Address _____

City _____ State _____ Zip _____

Telephone () - _____ DAY EVENING MOBILE

Email _____

Levels 1 + 2 (3 days) **\$595**

April 19-21, 2017 • no prerequisite

Level 1 only (2 days) **\$415**

April 19-20, 2017 • no prerequisite

Level 2 only (1 day) **\$225**

April 21, 2017 • prerequisite: RMT Level 1

Review student fee is 65% of full tuition fee (35% discount).
No manuals included.. No online registration. Mail-in
registration only for review students.

See all student policies online at

http://moveplaythrive.com/images/pdf/RMT_Pre-Class_Files/MPT_StudentPolicies.pdf